

Cours de Hatha Yoga

MÉTHODE EVA RUCHPAUL

PLANNING 2026-2027



POULDOURAN
LUNDI

10H30 - 11H45
18H30 - 19H45



PLEUDANIEL
MARDI

10H-11H15



PLOEZAL
MARDI

18H15-19H30



COATREVEN
MERCREDI

18H30-19H45

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